

Dear BCCH Members!

Our company - Lineo International Consulting Ltd. - as in previous years, this year also wants to ensure the possibility of personal development with our high quality and deservedly earned good reputation courses and trainings. Therefore:

**for the the members of the British Chamber of Commerce in Hungary we provide 5% discount from our courses, and 10% discount from our training prices all year round!**

Allow me to recommend to your attention the services of our company and the following courses/trainings:

### **Business coaching**

Business coaching is a type of personal or human resource development. It provides positive support, feedback and advice to an individual or group basis to improve their personal effectiveness in the business setting.

Business coaching improves your colleagues trust in their own abilities, in order to achieve a common aim, have a positive attitude towards changes, and be aware of their own limits. After one or two coaching sittings with executives and managers or interactive group sessions, we have experienced that colleagues are more effective, they can achieve higher results in their work and they are able to determine and use their renewed skills while they are self-confident enough to stand up in front of new organizational and market challenges. Stress at workplace can have a negative effect on a lot of people's life and it has a bad effect on their private life as well. We have experienced that during a co-operation you have the chance to defeat the barriers and you will be able to open up to your work environment and family as well.

For those who want to learn Business Coaching as a profession, we would like to offer our **Business Coach COURSE**.

The course includes psychological and organization development, organizational culture, strategic leadership, business decisions, human resources management, interpersonal communication, social influence, economy, psychology, social psychology, conflict resolution, problem solving, and knowledge management skills included.

The duration of the course: **120 hours**

Course fee: instead of 495.000 now **450.000 Ft** (Easter discount)

**The next course starts: 22<sup>nd</sup> of April 2017**

### **Small and medium-sized organizations development**

Those who operate small and medium-sized enterprises, probably know how important is the employees' satisfaction in terms of the company's successful operation.

The employee who feels good in their job will perform with greater efficiency and enthusiasm regarding its work.

The organization's development process, in addition to overcoming the current problems / jams are always associated with other organizational learning.

Such as:

- *Conscious organizational operations, stronger organizational self-reflection,*
- *More open communication among staff and more honesty with oneself against,*
- *Improved organizational management (time and resource management planning),*
- *Polished organizational roles and responsibilities.*

### **1 & 2 day Business / Corporate Training coaching and / or NLP (neuro-linguistic programming)**

These trainings are designed to provide effective theoretical knowledge for business professionals, using instruments that are essential for the practical application of the knowledge acquired. The training sessions are practical, interactive, so participants are involved throughout the process, thereby ruling out the possibility of "dead spots."

In addition, these trainings are also available in Hungarian and English too:

- *Leadership and Management Training,*
- *Objective Communication, Conflict Resolution Training,*
- *Conflict management training,*
- *Communication skills training.*

More information: [www.coaching-nlp.hu](http://www.coaching-nlp.hu), <https://www.facebook.com/lineoic/>

### **Neuro-Linguistic Programming**

**NLP** stands for **Neuro-Linguistic Programming**, a name that encompasses the three most influential components involved in producing human experience: neurology, language, and programming. The neurological system regulates how our bodies function, language determines how we interact and communicate with other people, and our programming determines the kinds of models of the world we create.

**Neuro-Linguistic Programming** describes the fundamental dynamics between mind (neuro) and language (linguistic) and how their interplay effects our body and behaviour (programming).

NLP was used by Barack Obama, Oprah Winfrey, Tiger Woods, Anthony Robbins and Bill Gates (and even other hundreds of thousands of people) to achieve a consistent result that many people can only dream about.

**NLP** provides tools and skills for the development of states of individual excellence, but it also establishes a system of empowering beliefs and presuppositions about what human beings are, what communication is and what the process of change is all about. At another level, NLP is about self-discovery, exploring identity and mission. It also provides a framework for understanding and relating to the 'spiritual' part of human experience that reaches beyond us as individuals to our family, community and global systems.

**NLP** is not only about competence and excellence, it is about wisdom and vision. Our next International Licensed NLP Practitioner program will start on 27 May 2017, Saturday. Students will learn the basic assumptions of NLP, which was developed by John Grinder and Richard Bandler in the 1970s and of which we owe today known and taught NLP method. We will build up further knowledge within the framework of which - uniquely in Hungary - **International Accredited NLP COURSE** be acquired **Timeline Therapy**, and NLP Hypnosis techniques as well.

The duration of the training: **100 hours, 5 months**, once a month on Saturdays and Sundays 10-10 h/day  
Course fee: 350 000 Ft  
**Starts: 27<sup>th</sup> of May 2017**

In addition, the price includes a **five-hour training** in coaching methods and tools **25 000 Ft / day / capita** in value.

\* (Training fees shown gross, without deduction of the BCCH valid membership discount)

If you want to receive one or more of these services / trainings, or you have questions related to the above, please do not hesitate to contact us.

Phone number: + 36 70 394 53 36

References are visible: [www.coaching-nlp.hu](http://www.coaching-nlp.hu) & [www.coaching-mediation.hu](http://www.coaching-mediation.hu)

Regards:

Martha S. Toth

NLP Trainer, Life & Business Coach, Organizational Development Specialist,  
Mediator, Journalist